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The "I's" of Ohio www.chapteriohio.com

## CHAPTER I'S NEWSLETTER November 2014 BOB AND BECKY'S PAGE

How's it going--good?? DON'T FORGET OUR CHAPTER I GATHERING WILL BE ONE WEEK LATER DUE TO THE OFFICERS MEETING. WE WILL MEET AT RYANS NOVEMBER 15thregular time. Been a pretty busy fall, we want to thank Rob and the Harfords and whoever else done the October gathering while we were on vacation with Ken & Pearl McKinley in Myrtle Beach, S.C. The colors were beautiful on our way down, esp. through West Virginia and Virginia. It was a little cool and damp when we left, but it brought the colors out real bright. We met up with a Barry Monaco from Chapter J, Myrtle Beach the Friday eve. at supper before we left. We exchanged emails



CHAPTER DIRECTORS Bob & Becky Benjamin 330-276-5900

and he snapped a few pictures of us and our trikes. We are to look him up when we get back down his way. Chapter J sounds similar to Chapter I with the amount of trikes and bikes and members at chapter gatherings. The Sunday after we got back we met up with Charlie & Nancy Lantz and headed up to Chapter C3 fundraiser. It is always lots of fun up there with Dave & Barb Hicks and there members. The leaf ride on the 25th was a pleasant, sunny day. There weren't too many bright leaves but some still had some color. We rode to the covered bridge below Jug Run. There were 6 bikes total and then we all headed up to Rob & Sue Jesters and met up with other members for a wiener roast. Thanks Rob & Sue for having us!! Good time for all!

Wow, what a great turn-out for road kill stew!!! We want to THANK all Chapter I members who pitched in and really helped out to make it go good. Can't say enough about all the work that was done by everybody, putting tables up and down, the kitchen help, and the auction help. A special THANKS goes out to Roy & Jan Viall for there work and material for the auction. The last count we had, 124 present from 13 different chapters plus Ohio State Directors, Rudy & Linda Copeland and some of his staff, including our own ADDNC, Dave & Sally Slonaker. Becky was disappointed that she couldn't be there, but she is very much on the mend now. Veterans Day is November 11th-if you get the chance, thank a veteran for there service. Don't forget December 6th is our Chapter I Christmas Party. All the information is in the flyer in this newsletter. Also the Salvation Army has asked us to ring the bell again at the Millersburg Walmart from 5-9 on November 28th., the Friday after Thanksgiving. I hope we can get a good turn-out for this again this year. Thanksgiving is coming up, so we want to wish everyone a Happy Thanksgiving and when you read Nancy, our sunshine ladies article, be sure to keep the people she mentioned in your thoughts and prayers.

#### Upcoming Events:

November 8th Officers meeting at Floral Valley at Howard, Ohio 9am-5pm November 9th Marie's Pizza at Wadsworth, Ohio 4:00pm leave license bureau at 3:15 November 15t Chapter I gathering at Ryan's Family Steakhouse November 28th Salvation Army bell ringing at Millersburg Walmart 5-9

December 6th Chapter I Christmas Party at Das Dutch Essenhaus at Shreve - flyer in newsletter

December 18th Iron Pony meet at restaurant at 6:30

"Ohio Rides-Join Us For The Journey" so have fun on your runs.

#### **Bob and Becky CD's**



## CHAPTER I'S RIDE SCHEDULE

#### JAN

#### 11 - CHAPTER GATHERING, Dinner 5:00pm 28 – Jakes, Wooster 6:30

#### FEB

- 7- 9 Cabin Fever, Deer Creek Lodge, Mt. Sterling, OH
- 14 16 Winter Rendezvous, Indianapolis, IN
- 15 Sat. CHAPTER GATHERING, Dinner 5:00 pm Bowling after meeting Wayne Lanes
- 22 Spaghetti Warehouse Leave All Seasons at 5, meet at restaurant @ 6:00
- 28 Mar 2 Wingless Weekend, Bay City, MI

#### MAR

- 1- Sat. Chapter Y fund raiser
- 1 -2 Wingless Weekend, Bay City, MI
- 8 Sat. CHAPTER GATHERING, Dinner 5:00pm
- 15 Sat. G-2 Chili cook-off
- 22 Sat. Chapter V spaghetti/auction leave LB\* @ 4
- 25 Tue. Dinner @ Green Leaf at 6:30

#### APR

5 – Sat. Officers Meeting Glenn Gallagher Center, Mt Vernon 9:00-5:00

#### 12 - Sat CHAPTER GATHERING, Dinner 5:00pm

17 – Thur. Fiores 6:30 Meet @ restaurant 26 – Sat Chapter P's Spring Drive-in dinner @ 6:00

#### MAY

- 4 Sun. 1:00 Open ride license bureau
- 10 Sat CHAPTER GATHERING, Dinner 5:00pm 17 – Sat. Shiloh Steak dinner leave LB\* @
- 2:00
- 18 Sun. Chapter B brunch/auction leave LB\* 10 AM
- 24 Sat. Westside market leave LB\* @ 10 AM
- 25 Sun. Open Ride 1:00 License Bureau
- 29 June 1 Spring Wing Warm Up, Bloomington, IN

#### JUN

- 1 Sun. Spring Wing Warm Up, Bloomington, IN
- 7 Sat. CHAPTER GATHERING, Dinner 5:00pm
- 7 Sat. Chapter T fundraiser
- 8 Sun. Open Ride 1:00 License Bureau
- 12 14 Buckeye Rally/Convention, Greene County Fairgrounds, Xenia, OH
- 21 Sat. North Central Section Picnic
- 22 Sun. Open ride 1:00 License Bureau
- 25- Wed. CW Bergenstine 6:30 Wooster

#### JUL

- 2 5 Wing Ding, Madison, WI
- 6 Sun. Open ride 1:00 License Bureau
- 12 Sat. CHAPTER GATHERING, Dinner 5:00pm
- 13 Sun. Open Ride 1:00 License Bureau
- 18 20 Benjamin campout
- 25 Fri. Ox Roast Shiloh leave LB\* @ 6:30
- 27 Sun. Chapter I teddy bear ride
- 29 Tue. Des Dutch Essenhaus 6:30
- 31 Aug 2 Michigan Rally, Midland, MI

#### AUG

- 1 2 Michigan Rally, Midland, MI
- 2 Sat. Chapter B fun run TBA
- 3 Sun. Miliche's BB chicken TBA
- 9 Sat. CHAPTER GATHERING, Dinner 5:00pm
- 10 Sun. "I-2" corn Roast TBA
- 14 Thur. Killbuck Pizza 6:30
- 17 Sun.Chapter B Teddy Bear leave LB\*@11:30
- 23 Sat. Barn Smithville 5:00 PM
- 29-31 GWRRA @ Opryland, Nashville, Tenn.
- 31 Sun. Scio leave LB\* @ 9 Uriksville at 10

#### SEPT

#### 6 – Sat. CHAPTER GATHERING, Dinner 5:00pm

- 12 14 Region D rally @ Kendalville, Ind.
- 16 Tue. Millersburg Hotel 6:30
- 26 Fri. 27 Buckeye Time Out
- 28 Sun. Chapter V teddy bear ride

#### ост

330 421-6428

- 7 Tue. Sam's Pizza Smithville 6:30
- 11 Sat. CHAPTER GATHERING, Dinner 5:00pm
- 19- Sun. Chapter C3 fundraiser
- 25 Sat. Weiner roast Rob/Sue's

#### NOV

- 1 Sat. Roadkill stew and Auction, Carson Hall
- 2 CPR class at Mayor Carson Hall
- 8 Sat. Fall Officer meeting
- 9 Sun. Marie's Pizza Wadsworth
- 15 CHAPTER GATHERING, Dinner 5:00pm

#### DEC

## 6 – Sat. Chapter Christmas Party Dinner at6:00 pm, Des Dutch Essenhaus, Shreve

18 – Thur. Iron Pony 6:30 MERRY CHRISTMAS

\*LB = License bureau

~ November 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> Roadkill stew and Auction
<b>2</b> Daylight Saving Time Ends CPR class	3 O Bart & Brenda Russell	<b>4</b> Election Day	5 💛 Enos & Peggy Byler	6	7	8 C Harve & Regina Jacobs Fall Officer meeting
<b>9</b> Marie's Pizza	10	<b>11</b> Veterans' Day	12	13	14	<b>15</b> CHAPTER GATHERING
16	17	18	19	20 Dave & Simi Martin Mary Stewart & Simi	21	22 💩 Willie Edwards
23	24	25	26 Jean Sudimak George & Audene Zimmerman 🔿	27 Thanksgiving Day	28	29
30	Notes:	•	-		•	L



November B <mark>i</mark> rthdays	
Dave Martin	11/20
Mary Stewart	11/20
Willie Edwards	11/22
Jean Sud <mark>i</mark> mak	11/26



December B<mark>i</mark>rthdays

Cherry Hair	12/06
Becky Benjam <mark>i</mark> n	12/08
Bob Benjam <mark>i</mark> n	12/10
George Zimmerman	12/17
John Carpenter	12/27

November Anniversaries	
Bart & Brenda Russell	11/03
Enos & Peggy Byler	11/05
Harve & Regina Jacobs	11/08
George & Audene Zimmerman	11/26

happy a	anniversary

#### December Ann<mark>i</mark>versaries

Shorty & Jean Sudimak	12/05
Dave & Ann Mart <mark>i</mark> n	12/29

~ December 2014 ~ January ►						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 O Shorty & Jean Sudimak	6 & & Cherry Hair Christmas Party/Dinner
7	8 🕹 Becky Benjamin	9	10 🍐 Bob Benjamin	11	12	13
14	15	16	17 George Zimmerman	18 Iron Pony	19	20
21 Winter Solstice	22	23	24	25 Christmas	26	27 🛓 John Carpenter
28	29 C Dave & Ann Martin	30	31	Notes:		

Ron Emmons Jr. of Emmons Towing son of former Chapter I member Ron Emmons, has his father's inventory of accessories from ShowCrome & Kuryakyn for sale below retail price to dispose of inventory. Please contact @ emmonstowing@mco.rr.com Emmons Towing LLC on Face book <u>330-465-0773</u>. of Millersburg, Ohio.

Let's support Ron Jr. as his father supported Chapter I tremendously and was a Fantastic Member.



#### FOR SALE

Cycle Mate Trailer Contact Chris or Sarah Manarino 330 769-3946 \$1200



#### **RON'S RIDER EDUCATION PAGE**

#### Panic Situations Talking to yourself can keep you alive

#### By: James R. Davis

Throughout the set of articles I have written here there is a clear message, often repeated - you should practice, practice, practice.

Having some confidence in the merits of the material that you have read here, I suspect that most of you accept the premise that practice is worthwhile because it tends to convert what is otherwise difficult to 'doable with some facility' (meaning that as a result of practice you will have the skill and confidence to know that you CAN do whatever has to be done, quickly and without error.) Further, it teaches both our muscles and our minds how to do things in a way that requires very little thought, very little lost time 'finding' the appropriate controls, and just how much force is required when using those controls. In other words, practice allows us to accomplish what must be done without the loss of time and control that would occur should you simultaneously have to learn how when that panic situation presents itself to you.



RIDE EDUCATOR Ron Harford 330-276-276 rlharford@embarqmail.com

So, is that all there is to it? Are you assured that if you practice enough you will be ready to do whatever it takes while your body fills itself with adrenaline?

Surprisingly, the answer is both yes and no. You will be READY (and able) to do what must be done, but what you have not practiced is dealing with that adrenaline. You, normally, do not place yourself in situations where panic stops are required in order to save your life when you practice. Indeed, when you practice you should do so in the safest environment possible so that mistakes can be learned from rather than put you in the morgue.

In the real world there is a requirement that you build a bridge from the theoretical to the actualization of your training. Let me give you an example of what I'm trying to get at here: You are rounding a right-hand curve and see that a vehicle is coming towards you in the opposite lane. That vehicle looks like it might be hugging the center line. It has your attention! Indeed, you are target fixated on it!! What do you do about it?

You have learned that motorcycles tend to go where you are looking. You have experienced that phenomenon many times. You know that target fixation can kill you, again, because your motorcycle tends to go where you are looking. So, why are you target fixated? You know better.

Virtually all of your driving experience has been 'practice' in this case. You know that unless you change the focus of your fixation away from the threat and towards an escape route you are likely to steer right into that oncoming vehicle. But as soon as you realized that you were fixated on that vehicle your body started to manufacture a ton of adrenaline and pump it into your bloodstream. You have started a 'fight or flight' panic attack.

Il you need to do to get out of trouble is to TALK TO YOURSELF! You need to say something like: 'I need to look where I want to go. Look away from that truck. That direction is where I want to go. Come on, baby, let's go that way!'

Dumb, right? Well, it doesn't matter what words you use when talking to yourself. What matters is that you tell yourself to do what has to be done. That kicks in the lessons learned from all your prior practice and the job gets done.

In the case study found elsewhere on this site you will see an example of how this has saved my bacon any number of times in the past. I was driving immediately behind another rider who, as a result of target fixation, had a catastrophic accident. I had a passenger on my bike at the time and, among other things, I resorted to telling myself: "Control stop this baby!" The result, a smooth but rapid stop that avoided losing control (no locked brakes). Plenty of adrenaline was running its course and trying to get in the way. No time to learn how to stop quickly. Practice had prepared me, and all I needed was that little bridge - a brief chat with myself that insisted that I DO SOMETHING that had to be done, NOW!

Practice is fundamentally important, and so is dealing with the adrenaline that tends to confuse. No need to argue with yourself. Just a quick chat that starts the activity. Muscle memory and familiarity gets the job done from there.

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Simple Breakfast Dish

(Submitted by Ron Marcinko)

I cooked up 5 extra thick bacon slices, crumbled when cool

About half of a roll of sausage, browned and crumbled

Buttered my cast iron skillet, think it's a 10 inch skillet, but you can use any oven safe baking dish and placed a roll of Grands biscuits in the dish somewhat tight so they were touching. Sprinkle the sausage and bacon over the biscuits. Scramble between 4-6 eggs and pour mixture over the biscuits. Bonus idea here, add onions, peppers, mushrooms or any other veggies you wish. Grate your favorite cheese over the mixture and bake at 350 for around 30 minutes. Time from start to finish was about an hour and it should feed 4 people.





#### NANCY'S PAGE

Greetings to our Goldwing family. Yep it's coming turkey time and guess who's the big "turkey"? Yep, you got it right as time has flown past me. There have been many things happening since our last newsletter and gathering. But as we turn those clocks back we'll soon be honoring our VETERAN'S who have served our country, then next comes THANKSGIVING of which, we can be thankful for many things -- the good and the bad. Let us say a few prayers to the following Goldwing family:

Mary Stewart and family -- the passing of Mary's daughter Carolyn Roesch -- Hip replacement and a questionable stomach problem -- recovery at Kingston Ashland Carl Burchfield --- Having therapy after his knee surgery Helen Burchfield -- Working with getting her back pain relieved. Nancy Lantz, "Sunshine Lady"



transplant Rob Jester -- had his drainage procedure and will be going back in a week to have another Shorty's surgery went well and he'll be coming home Wed. or Thur., depending on the doctor Went in around close to noon and out a little after 3. You don't need to put that in the newsletter, this information was for your knowledge Audene Zimmerman -- will soon be having a hip replacement -- she's looking forward to no more pain Becky Benjamin -- just learned she's not feeling well -- wishing her a speedy recovery. "Well wishing" prayer's for all listed and any who may have some aches and or pains which have been hidden.

Do remember the date of the next gathering will be Nov. 15th due to the fall officer's meeting. God Bless -- Ohio Rides - Join us for the Journey Nancy Lantz - Sunshine Lady Chaper I of Ohio

330-262-9023 NSEW2503@aol.com



1984 Honda Goldwing Aspencade 1 owner, 4,050 original miles. Just took to shop and had everything checked. Had it tuned up, carbs gone through, 2 new tires, oil and filters changed, new battery and cables. Needs nothing but for a new owner that will enjoy it. Always kept covered up in a garage. This motorcycle is almost like buying a new one \$5,500.00 Must see to appreciate. Have copy of work order for what was just done for Randy Jones 330-231-2515. \$1,000.00

#### ACD'S Rob & Sue Jester 330-264-5092 suefromwoo2001@yahoo.com



RIDE COORDINATOR Bob Campbell NEWSLETTER ASSISTANT Rosemary Campbell 330-262-3094 rcampbell@sssnet



COUPLE OF THE YEAR Shorty & Jean Sudimak jeansudimak@aol.com



For Sale Utility trailer Black base with white top \$300.00 Contact Charles Roesch 419-994-4636



WINTER IS COMING





WEB MASTER & EDITOR Jon Stitt/Shari DeLisse 330-705-7310 johnohio52@yahoo.com jadite\_1@yahoo.com



TREASURER Linda Harford 330-276-2761 <u>rlharford@embarqmail.com</u>



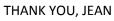


#### **ROADKILL DINNER/AUCTION**



THANK YOU, CHRIS

THANK YOU, ALLEN









THANK YOU, LINDA



THANK YOU, ROY



THANK YOU FOR COMING, WILLIE



GUESTS RON AND MICHELLE



CHAPTER FRIENDS, SHARI AND CHARLENE



Great turn-out for the Roadkill Auction/Dinner

## Chapter I Christmas Party

## Date: Saturday, December 6th Where: Des Dutch Essenhaus

## Shreve, OH

## Time: 5:00 Social Time 6:00 Dinner



Gift Exchange:

If you wish to participate, men bring a man's gift, women bring a woman's gift.

\$10.00 limit for the gift exchange.

We will also have door prizes. Please bring them wrapped.

RESERVATIONS - Must be in by November 24th.

Name:

- # of People\_\_\_\_X 12.50 = \_\_\_\_\_(Chapter I Members)
- # of People \_\_\_\_\_X 17.00=\_\_\_\_\_ (Non Members)

Make checks payable to: GWRRA Chapter I

Mail to: BOB BENJAMIN 1598 TR 31 KILLBUCK, OHIO 44637

## Region D "Fun at Sea"



# Please join the **Region D Team** as we host **5** days of **FUN** on a Western Caribbean Cruise in October 2015!

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double occupancy double occupancy double occupancy double occupancy

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rsevilla@princesscruises.com Monday-Friday 8am - 4:45 PST Must pay final balance before August 25, 2015

#### "OHIO RIDES – JOIN US FOR THE JOURNEY"

#### LISTING OF ADD'S FOR OHIO & THEIR CHAPTERS

Northwest Section ADD

Chapters

<u>W N A W2 S</u>

North Central Section ADD

Northeast Section ADD Roy & Becky Jones

Dave & Sally Slonaker <u>ADDNC@Ohiogwrra.Org</u> Chapters <u>Y B V I P C3</u>

Chapters G2 H2 I2 M T Z L2 V2

Southeast Section ADD Randy Young

Chapters B3 O F3 Q2 X A3 H3 Southwest Section ADD Darrin Ebright

> Chapters <u>F T2 X2 E2 N2</u>

#### NORTH CENTRAL OHIO CHAPTERS & GATHERINGS

<u>Chapter B Mansfield -</u> The Fun Center Wings <u>When</u>: 3rd Sunday of month Where: Leiderkrantz 1001 Silver Lane Rd. Mansfield, Ohio Time: Breakfast Buffet at 9:00 AM Gathering After CD-Joe and Jackie Woodmansee 419-683-3403 joecwood@hotmail.com www.gwrraohb.org

#### Chapter C-3

When: 1st Saturday Where: Kartels Kitchen 4741 Pearl Rd (SR 42 S), Strongsville, Ohio Time: Breakfast 9:00 AM Gathering 10:00AM CD – Dave and Barb Hicks 216- 509-4836 littldogs1@sbcglobal.net www.gwrraohioc3.org

Chapter / Wooster - The I's of Ohio When: 2nd Saturday of month Where: Ryan's Family Steakhouse 3743 Burbank Rd, Wooster, Ohio Time: Eat 5:00 PM Gathering 6:00 PM CD – Bob & Becky Benjamin 330-276-5900 amishtrike@aol.com www.chapteriohio.com <u>Chapter P Medina -</u> Wings of Pride When: Last Sunday of month Where Copper Top Restaurant 5740 Center Rd. Valley City, Ohio Time: 8:00 AM Breakfast 9:00 AM Gathering CD – Ron Marcinko 330-416-1460 Blk93wing@aol.com

<u>Chapter V Ashland -</u> Mohican Valley Wings When: 4th Saturday of month Where: The Mill Restaurant(inside Buehlers Grocery) 1055 Sugarbush Drive, Ashland, Ohio Time: 5:30 PM Meal 6:30 PM Gathering CD – Dennis & Cathy Carpenter 419-929-8385 Firewings54@yahoo.com

<u>Chapter Y Mt. Vernon</u>-Colonial City Wings When: 1st Saturday of the month Where: Central Christian Church 17833 Gambier Rd Mt. Vernon Time: 6:00 PM Food 7:00PM Gathering CD - Dave & Denise Huffman 740-263-9898 denisehuffman106@yahoo.com

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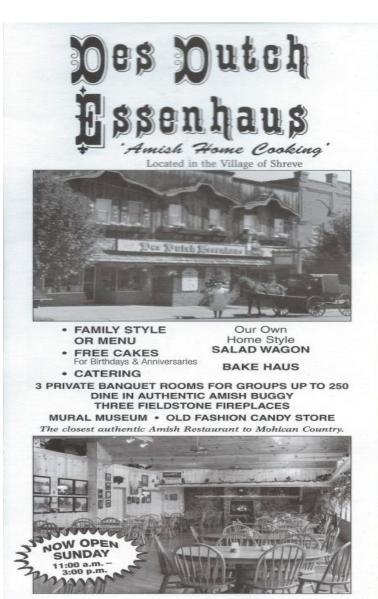


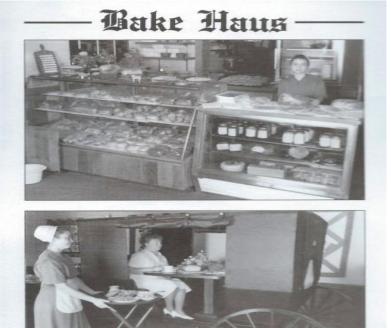
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"Ohio Rides-Join Us For The Journey"

#### STATE & DISTRICT TEAM



REGION D DIRECTORS Lee & Kay Tieche 812-350-6227 leetieche@hotmail.com



OHIO DISTRICT DIRECTORS Rudy & Linda Copeland <u>937-498-1651</u> Director@Ohiogwrra.org

ASST. DISTRICT DIRECTORS Dave & Sally Slonaker <u>740-397-8467</u> ADDNC@Ohiogwrra.Org



GATHERING – SATURDAY,  $2^{ND}$  SATURDAY OF THE MONTH

RYAN'S FAMILY STEAKHOUSE 3743 BURBANK RD WOOSTER, OH

SOCIAL TIME: Eat at 5:00 PM Gathering at 6:00 PM



#### **DIRECTOR OF GWRRA**

Ray & Sandy Garris (602) 404-6875 <u>director@gwrra.com</u>

